



UPDATE

CENTRAL SQUASH NEWSLETTER

Issue 3

Central Squash retains Newbiggin Shield

Central Squash won its annual representative challenge against Squash Eastern for the Newbiggin Shield by 19 matches – 5 matches, the exact same score line as last year when they visited Eastern on their turf. The Central squad had 10 out of the 12 players from the powerful SquashGym club and won the Newbiggin shield for a second year running after it was reinvented in 2012.

The shield has plenty of heritage and is highly sought after, having been played for between the two neighbours for over 40 years and was originally donated by Jim Newbiggin who was a leading figure in the establishment of squash in the Hawkes Bay but also spent some early years in Palmerston North.

Central were without two of its leading players in Kashif Shuja & Matt Nation, however they were still able to dominate and show that the district is creating some depth with its high performance programme. A lot of the players beat their higher graded opposition which certainly impressed the team management of Kent Darlington (Manager), Jason Fletcher & Grant Watts (Coaches). The team had four new players on their senior debut in Ben Calvert, Luke Jones, Emily Nash & Rebecca Clifford who all came through with flying colours. Players to stand out were, Calvert who won both his matches in five sets, his second produced a great win against the higher ranked Bryce Redman. Jones also performed well as he won both his matches, his second match, a gutsy effort against Chapman Kutia, after he was down two sets, fighting hard to come through & win in five. Alison Whyte, Jackie Tapp & Emily Nash also produced solid wins, while youngster Kaitlyn Watts won her morning match with a gutsy display to come back from two nil down and win in five against the higher graded Mel Goodchild.



Full results can be found on the Central website.

Upcoming Central Events

Have you got your entry in?

- **Central Juniors 26-27th July – Wanganui (lower grades and J grades welcome)**
- **Central Masters 16-17th August – Inglewood**
- **Central Open 6-8th Sept – SquashGym PN (in conjunction with US\$10,000 NZ International Squash Classic)**

Senior Representative Team Named

Central Squash named their Senior Men & Women's teams to attend the New Zealand Nationals, which are to be held at the Royal Oak Squash Club in Auckland at the beginning of next month. Once again the SquashGym Palmerston North club dominates the team as it has 9 out of the 10 going from the Manawatu club.

Kashif Shuja who will represent the district for the second year running again heads the Men's team. Shuja has been very beneficial to the district since he decided to base himself out of Palmerston North last year, providing other team members valuable insight to what makes a 5-time NZ champion tick. The team is also strengthened by the return of Matt Nation to the district this year. The Women's team will also be a bit stronger than last year with Jackie Tapp and Emily Nash making their debut at the senior level.

The Squad will have a training camp at Stratford on the 26th & 27th July, before heading to Auckland for the New Zealand individual & teams championships from 2nd – 6th August.

Central Womens:

Danielle Fourie (SquashGym), Alison Whyte (SquashGym), Jackie Tapp (Taihape), Kaityln Watts (SquashGym) and Emily Nash (SquashGym). Non-travelling reserve is Rebecca Clifford (SquashGym)

Central Mens:

Kashif Shuja (SquashGym), Joseph Watts (SquashGym), Matt Nation (SquashGym), Tom Nash (SquashGym) and Regan Smith (SquashGym). Non-travelling reserve is Ben Calvert (SquashGym)

Manager: Kent Darlington (Wanganui)

Coaches: Jason Fletcher (SquashGym), Grant Watts (SquashGym)

2013 Super Champs Results

32 teams competed in this years District Super Champs with 14 going on to play National Super Champs on Aug 21-25. Good Luck to our teams and keep up the training. District results as follows:

Men's Winners

- B SquashGym
- C SquashGym
- D SquashGym
- E Wanganui
- F Ohakune

Runners Up

- Wanganui
- Wanganui
- Rangitikei
- SquashGym
- Tararua

Women's Winners

- C SquashGym
- D SquashGym
- E Ohakune
- F Tararua

Runner Up

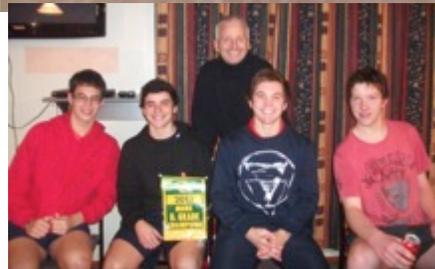
- Kawaroa Park
- Rangitikei
- SquashGym
- SquashGym



SquashGym C grade women



Ohakune E grade women



Above: Wanganui E grade men

Left: SquashGym D grade men

Taranaki Juniors

Taranaki Junior Inter Club

This year Taranaki re-launched Junior inter club. The competition has been a great success with 9 teams divided into 2 divisions. Well done Chelsea and Jacinta, Kawaroa Parks club captains, for organising this.



Taranaki Junior Development Squad

This is a new initiative for the Taranaki Zone to develop a pathway for local talented juniors to be nurtured and given opportunities. Including opportunities to improve their game with some structured coaching, to form friendships and competitive camaraderie and possibly move onto a representative level. For further information on this initiative please contact Kaye Elliott (KP club coach & Central players rep) on 027 308 2005 or Kayeelliott@hotmail.com

MWR MacDougalls Inter Club

Manawatu/Wanganui/Ruapehu Inter Club nears finals stage.

MWR graded inter club sponsored by MacDougalls is in it's final weeks, the women's division has 3 more rounds, but the men are complete and the final is set for the 31st July.

Finals night - The competition will be as follows -1st and 2nd teams will playoff for the division banner, which will be presented on the night. Along with cheques for winners and runners up. Then the remaining teams play off for 3rd/4th and 5th/6th. There will be spot prizes on the night that will be given out to players present. Points accumulated up to this point are disregarded; winner on the night is the overall winner for 2013. **Finals host clubs are:**

Mens Div 1 - Levin **Mens Div 2** - Rangitikei **Mens Div 3** – Wanganui **Mens Div 4** - Feilding.
Women's final yet to be confirmed.

The district inter-zone playoffs are on Saturday 31st Aug at Hawera Squash Club.



KiwiSport Squash in Schools



2013 is the Year of Youth Squash. With juniors being the future and in an effort to introduce more youth into our wonderful sport, Central Squash has been working with clubs in the Manawatu district and received funding to launch a KiwiSport schools programme. Wanganui and Taranaki areas funding is coming up soon so if your club is interested in being part of KiwiSport Squash, please contact District Coach, Jason Fletcher promptly for more information and guidance at; coach@centralsquash.co.nz

In preparation for KiwiSport and the soon to be launched by SNZ, is Kiwi Squash Schools programme. Central Coach Jason Fletcher has been offering coaching courses to clubs using the small and big Nix programmes. Central has also purchased an Inflatable micro court that fits in the boot of a car and can be taken to schools and community gala days etc, to further help promote Squash in our district. Central currently has 2 Perspex micro courts and 1 Inflatable with hopes of purchasing another Inflatable in the near future. If your club is interested in using one of these courts for a time please contact the District Secretary; pauline@centralsquash.co.nz for more details. These courts are very popular so if you require one for a specific date, please give plenty of notice.

Squash NZ has some great resources on the 'Year of Youth Squash' and 'Squash in Schools' so be sure to check out their website; www.squashnz.co.nz

Prince Series

The Prince series is drawing to an end for the 2013 season with only Taihape and Kawarua Park (final) left to play in the senior series. The closely competed for junior series has Levin, Tararua and Rangitikei (final) left to play. The top 10 seniors will be awarded cash prizes while the top 8 boys and top 8 girls in the junior series will win some impressive Prince prizes, and coaching scholarships.

Top 10 Boys (as at 15/7/13) are

- 1.Caleb Armstrong
- 2.Tom Bowie
- 3.Richard Bell
- 4.Josh Brownrigg
- 5.Reece Holmes
- 6.Matthew Adshead
- 7.Bradley Hopkins
- 8.Nathan Swanson
- 9.Connor Fortuin
- 10.Tomas Loeffering

Top 10 girls are

1. Abbie Tankersley
- 2.Eilish Oliver
- 3.Abbie Holmes
- 4.Claire Shi
- 5.Jenna Bowie
- 6.Alana Ryan
- 7.Lara Hockly
- 8.Emma Patrick
- 9.Kayla Ryan
- 10.Sophie Bell

The points are extremely close in the junior competition and this top

10 boys and girls will have to battle through to the end if they want to hold their placing's.



prince
who's next.

Huntermville Squash

We would like to welcome Huntermville Squash to the Central family. The club has recently re-affiliated to Central Squash and Squash New Zealand and has some motivated players working to get the club up and running again.

Central Squash Committee

Grant Smith	President	grant@gsa.co.nz
Rob Brownrigg	Treasurer	Rob_Brownrigg@bnz.co.nz
Alastair White	Committee	whitehouse34@hotmail.com
Michael Bailey	Committee	Michael.Bailey@contactenergy.co.nz
Kaye Elliott	Players Representative	Kayeelliott@hotmail.com
Diane Tasker	Junior Convener	di.tasker@xtra.co.nz
Marilyn Dolan	iSquash Admin/Com	madolan@inspire.net.nz
Kent Darlington	HP/Rep Teams/Com	kent_paula@vodafone.co.nz
Jason Fletcher	District Coach	coach@centralsquash.co.nz
Adam Lyall	Committee	adam@inspire.net.nz
Kelly Faint	Juniors/Committee	faintlanders@xtra.co.nz
Andrea Herbert	Juniors/Committee	andrea.ross@ihug.co.nz
John Laurenson	Committee	jlaurenson@ruapehucollege.school.nz
Lindsay Petterson	Committee	lgp@clear.net.nz
Jeff Ansell	Committee	jedamana@xtra.co.nz
Mike Jack	Committee	mikejack@xtra.co.nz
Kelly van den Burg	Committee	Kelly@squashgym.co.nz
Pauline Slovak	Administrator/Secretary	pauline@centralsquash.co.nz

Central Squash PO Box 1764, Palmerston North 4442

For more details on these stories and more go to www.centralsquash.co.nz